



Local Area Veterans were honored recently with a social and luncheon given by the Nada/Garwood Gadabouts. Front row from left; Gerald Noteboom, Merrill Adamcik, El Campo Commander of American Legion, Len Matula, of Eagle Lake Commander of Veterans of Foreign Wars, Meth Hoffman, Bookert Dabney, Joe Seifert, Joe Staff, Walter Schoellmann.

Back row from left; Walter Braden, Leon Meismer, James Drlik, Lawrence Berger, Clem Korenek, Frank Kasmier, Frank Popp, Clarence Zbraneck, Norbert Meismer, J.D. Wied, Alois Bittner, Milton Minarcik, Alfred Prihoda, Joe Skuca. Not pictured: Robert Schiurring, George Koenig, Lawrence Palvu.

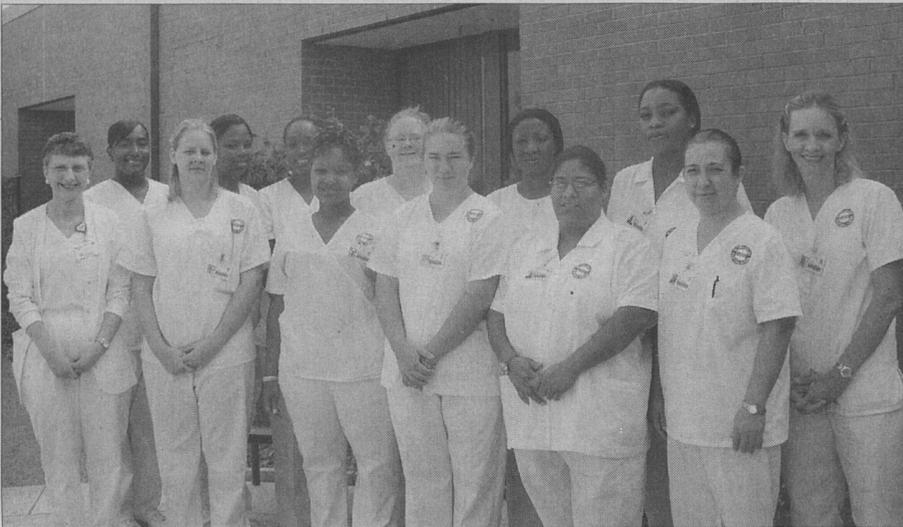
Garwood-Nada Gadabouts Honor Local Veterans

The Garwood/Nada area veterans were honored with a luncheon on Thursday, June 17, 2006, at 12:00 pm, at the Nada Parish Hall. Thirty-three veterans attended this annual event,

along with spouses, special guests Merrill Adamcik, Commander of the American Legion of El Campo, and members, for a total of seventy-five in attendance.

Following the fried chicken and trimmings luncheon, President of the Gadabouts, Anita Meismer, welcomed all to the luncheon. Meismer introduced the special guests, who each

gave a brief message to the group. A special "Thank You" to the chicken fryers, Gadabouts members and guests who furnished the delicious luncheon.



Columbus Community Hospital is hosting the Zelda Allen School of Vocational Nursing Students for their clinical rotation. The students are from surrounding areas and are under the instruction of Lisa Adams, R.N. The students will rotate through various departments within the hospital for their clinical experience. Front row from left to right are; Lisa Adams, R.N., Courtney Davis, Kimberly Denley, Melissa Becker, Melissa Velasquez, Maria Tuttle. Back row from left to right are; La Tanya Wilson, LaToya Matthews, Latoya Browning, Stacy Gilmore, Blessing Chukwu, Paciencia Ojiako and Deborra Pierce.

Columbus Hospital To Offer Diabetes Education

Diabetes is a serious illness. But the good news is that it does not have to be a life-threatening one. Early diagnosis and treatment plus good management practices are the keys to a long healthy life for persons with diabetes.

Starting on Wednesday, July 12, the Columbus Community Hospital (CCH) is hosting a "Do Well, Be Well" with diabetes education program for people with type 2 diabetes. This 6 part series will be held every Wednesday from 5:30 to 7 p.m. at the Colorado County AG Building community meeting room, 316 Spring Street in Columbus. Guest speakers will include Paula Theriot, R.D., Trinity Medical Center; James Hrachovy, M.D., & Yvonne Wagner, A.N.P. from Columbus Medical Clinic; Robert Gobert, M.D.; Donna Vasut with St. Marks Diabetes Education Program; and Jim Gibbs with Columbus Rehab. There is a \$10 fee for the series to cover the

costs of information packet, handouts and printing but scholarships are available upon request.

This series, which was designed by Texas Cooperative Extension, will provide quality information on taking care of yourself and how to eat delicious foods that are good for you. Participants will learn to take control of diabetes and live the kind of life they want to live.

Co-sponsors for the program are Columbus Community Hospital Home Health Agency, St. Mark's Medical Center Diabetes Education Program; Texas Cooperative Extension of Colorado County; and Texas Educational Extension Association of Colorado County.

To register or for further information, call Betty Hajovsky, Community Relations at the Columbus Community Hospital 979-732-2372, extension 608.

Call and sign up so that you can learn how you can do well and be well with diabetes.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

The Texas A&M University System, U.S. Department of Agriculture, and the

County Commissioners Courts of Texas cooperating.

Reasonable accommodations will be sought for all persons with disabilities for this meeting. Please contact the Extension Office at least 2 weeks prior to the program to advise us of the auxiliary aid or service you will require.

Garwood Citizen Awards Given

- Kindergarten: Kyle Korenek
- 1st grade: Braden Faas
- 2nd grade: Molly Smidovec
- 3rd grade: Jacob Drlik
- 4th grade: Victoria Mendez
- 5th grade: Trevor Jones
- 6th grade: Alyssa Krpec
- 7th grade: Adrian Shimek
- 8th grade: Amber Huvar

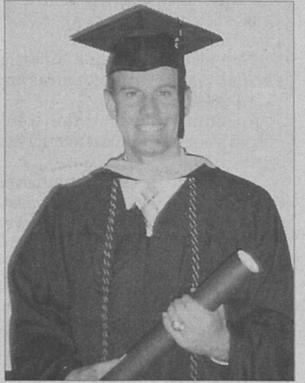
Powers Receives Masters From Baylor

Timothy Clark Powers, son of Clark and Vicki Powers of Eagle Lake, graduated on May 13, from Baylor University in Waco with his Master of Science in Student Services Administration.

Timothy is a 1997 graduate of Rice High School and a 2001 graduate of Texas A & M University.

This summer, Timothy will continue his work at Baylor University as an adjunct faculty member. In the fall, he will continue to serve university students as a professional administrator in addition to his faculty responsibilities.

Timothy, his wife Ealizabeth, and their children, Harris and Caroline reside in Waco.



Timothy Clark Powers



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